

my Eating manners



I wash my hands

I help Mom to set up the table

I say 'Bismillah' before eating

I eat and drink using only my right hand

I eat whatever is on the table without complaining

I share my food and desserts whenever I should

I remember that food is a blessing from Allah

I sit on my seat until I am done and talk little

I know that wasting food displeases Allah

I say the du'aa to thank Allah after I finish my meal

I say 'Jazakillahu khair' to my Mom for cooking the food for us

I keep my dishes back in the kitchen and clean up my area

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةَ

'Praise be to Allah who has fed me this food and provided it for me, without any strength or power on my part'