

NAMES OF ALLAH
FOR KIDS



Al Hafeedh

THE GUARDIAN

"But Allah is the best guardian..."
[Surah Yusoof, 12:64]

Al Hafeedh is the One who protects that which He has created. There is nothing that remains outside His protection. Allah guards the heavens and the earth. He says in ayah al Kursi,

His Kursi (footstool) extends over the heavens and the earth, and their protection tires Him not. And He is the Most High, the Most Great. [Qur'an: 2:255]

Allah Al Hafeedh protects them from being damaged or being shifted from the orbits they occupy. This protection does not tire Him, and His guiding them does not lead to fatigue. All of this is easy for Him, it is effortless for Him to guard it (since He is the creator of everything).

Hence the believer is one who is certain that Allah is fully capable of preserving the Heavens and the Earth.

AL HAFEEDH PROTECTS US

Al Hafeedh is the One Who protects His slaves from destruction, calamity, diseases and disaster.

He says,

“For him (each person), there are angels in succession, before and behind him. They guard him by the Command of Allah”
[al-Ra’d 13:11]

Allah has given angels the responsibility of guarding us. Each one of us has angels in front of us and behind us. These angels watch over us, protecting us from all who want to do us harm. They are always with us. They protect us when we are asleep and when we are awake. They protect us from the harm of shaytan, people and animals. Whenever any of these come to harm us, the angels tell it, "Keep away!" and does not let it harm us except for that which Allah has given permission to happen to us.

TURN TO AL HAFEEDH FOR PROTECTION

Ibn Abbas reported: I was riding behind the Messenger of Allah (sal-Allahu alayhi wa sallam) when he said to me,

“Young man, I will teach you some words. Be mindful of Allah and he will protect you. Be mindful of Allah and you will find him before you. If you ask, ask from Allah. If you seek help, seek help from Allah. Know that if the nations gathered together to benefit you, they will not benefit you unless Allah has decreed it for you. And if the nations gathered together to harm you, they will not harm you unless Allah has decreed it for you. The pens have been lifted and the pages have dried.”(Sunan al-Tirmidhī)

Allah protects anyone who protects their limbs, eyes and tongue from the haram, and uses them in that which is pleasing to Him. We must believe and understand that if we are mindful of Allah by obeying Him and worshiping Him, He will take care of us. We must seek help only of Allah.

No good or harm, no matter how unavoidable it seems, can befall us unless Allah wills.

It does not mean that we can never ask people for help to protect us, but we should understand that ultimately Allah is the source of all help and protection.

If you take care of your relationship with Him, He will take care of you. The Prophet taught us that as long as we turn to Allah, we will be all right. The Prophet told us a story of three men who were caught in a storm and took shelter in a cave. No sooner had they entered the cave than a massive boulder fell and blocked the only exit. The three men called upon Allah to help them, calling upon Him to help them due to their good deeds that they had done purely for the sake of Allah, and as each one told the story of their deed, the boulder shifted and they were able to escape. One lesson of this story is that if we are mindful and obedient to Allah in times of ease, He will be at our side when we are desperate.

WHY ARE THERE DIFFICULTIES?

You may think that Allah Al Hafeedh would never permit any hardship to take place in our lives, because He is our Guardian.

However, Allah tells us in the Quran and it can also be understood from the hadith that there will be challenges and tests for the believer. Perhaps it is in difficulty that the power of the Prophet's words to Ibn Abbas shine brightest. How would you realise that Allah is The Protector, The Guardian if you always enjoy ease and safety. Hardship is never meant to destroy us. It is to bring us closer to Allah and to know Him better. Even in the most tough times, there will be unexpected ease. Allah, Al Hafeedh will never disappoint us if we trust Him and obey Him.

SEEKING PROTECTION FROM ALLAH IN THE RIGHT WAY

We know that only Allah, Al Hafeedh, The Guardian, The Protector, can protect us from all harms. It is disbelief in Allah and in Islam when someone imagines or believes that help or protection can be sought from things like lucky charms, amulets or talismans. Allah will not protect such a person either in this world or in the Hereafter (from His punishment). We must also make sure that while we are seeking protection from Allah we are doing it the right way. And the right way has been taught by our Prophet Muhammed (sal-Allahu alayhi wa sallam). It is a tremendous sin to invent new ways of worshiping Allah, seeking Allah's help or protection. We must follow the teachings of our Prophet if we want Allah to have mercy on us and protect us. So, we should reject all the silly things that some people try to do. For example, they tell you that you should read a Surah for 250,000 times! Or say a dua for 300 times, and so on! These were never instructed by our Prophet. Therefore, we must ask ourselves before we do anything, "Is this what and how our Prophet did it?"

DU'AAS FOR PROTECTION

We should beautify our worship, especially our Salaah/ prayers. We should be grateful to Allah for all His blessings. We should obey Allah's commands and stay away from what Allah has forbidden. We should recite the du'aas that the Prophet has taught us for protection. In this way Allah Al Hafeedh will keep us protected.

The Prophet (sal-Allahu alayhi wa sallam) said, "Whoever says three times in the morning and evening: Bismillahi-alladhee laa yadhurru ma'a ismihi shayy-un fil ardi wa laa fis-samaai wa huwa As-Samee'ul 'Aleem.

In the Name of Allah with Whose Name there is protection against every kind of harm in the earth or in the heaven, and He is the All-Hearing and All-Knowing,' nothing will harm him."

[Abu Dawud and At-Tirmidhi]

Du'aa before leaving home:

Bismillahi tawakkaltu 'alaa Allahi laa hawlaa wa laa quwwata illa bi-Allah.

When you say it, you will be told (without your awareness): "You have been spared, protected and guided".

(Abu Dawood, AT-Tirmidhi)

The Prophet (sal-Allahu wa alayhi wa sallam) said, "Whoever recites the last two Verses of Surat Al-Baqarah at night, that will be sufficient for him [as protection]."

[Bukhari and Muslim]

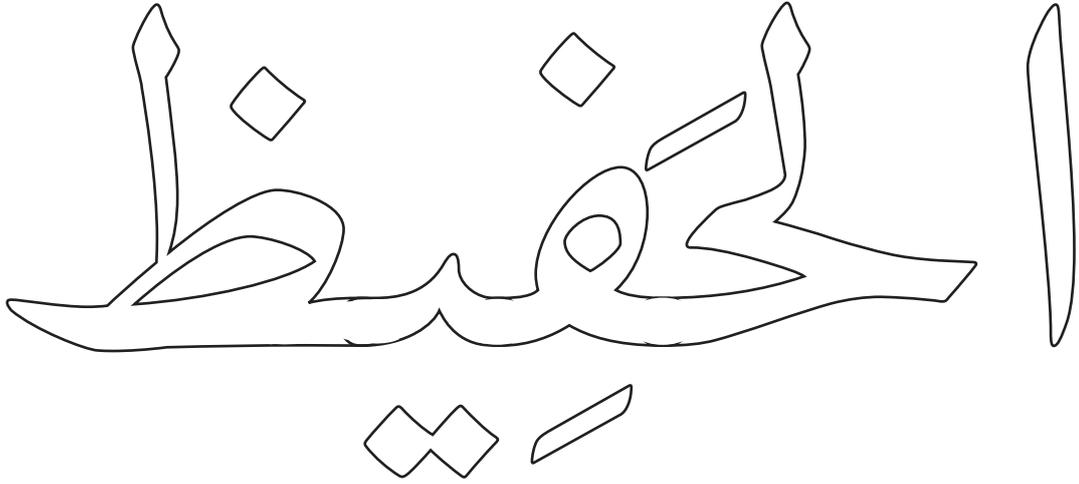
If you recite Ayatul Kursi at night then there will be a guard from Allah who will protect you all night long, and Shaytan will not be able to come near you till dawn. (Sahih Bukhari)

Du'aa for protection from diseases:

"Allahumma inni a'udhu bika minal-barasi, wal- jununi, wal-judhami, wa sayyi'il-asqaam"

"O Allah! I seek refuge in You from leprosy , insanity, mutilation and serious sicknesses"

(Abu Dawood)



Meaning in English

A few things that I understand from Allah's Name **Al Hafeedh** are ...
